



Our goal is to provide a comprehensive list of resources available to assist our community members. Additional assistance is available from the Resource Coordinator via telephone at: 360-426-5755 (office) or 360-545-2044 (cell).

Community Resource Guide



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Hotlines & Helplines:

1. WA 2-1-1 <https://wa211.org/> Connect to local resources by dialing 211 or visit the website. Resources listed include Disabilities, Financial, Domestic Violence, Food, Shelter/Housing, Education, Health Care, and Transportation, Employment, and Personal/household items.
2. Adult Protective Services, DSHS (report abuse of vulnerable adults and elders) 1-877-734-6277 <https://www.dshs.wa.gov/altsa/home-and-community-services/report-concerns-involving-vulnerable-adults>
3. Alcoholics Anonymous (AA) (Alanon & Alateen) 24 hour Helpline 360-352-7344 <https://aadistrict8.org/location/easy-does-it-hall/>
4. Beyond Survival 360-533-9751 120 West 1st St, Aberdeen WA 98520 Crisis Line for victims of sexual abuse/assault <https://www.ghbeyondsurvival.com/>
5. Child Protective Services Department of Children Youth & Families 1-866-363-4276 24/7 Report Abuse <https://www.dcyf.wa.gov/safety/report-abuse>
6. CLEAR Hotline –NW Justice Project 1-888-201-1014 Legal advice <https://nwjustice.org/clear-hotline>
7. Crisis Clinic of Mason County Crisis line: 360-586-2800 <http://www.crisis-clinic.org/>
8. Crisis Text line: Text HOME to 741741 For free, 24/7 crisis counseling. <https://www.crisistextline.org/text-us/>
9. Designated Crisis Responders (DCR) 360-754-1338 or 1-800-270-0041 <https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/designated-crisis-responders-dcr>
10. NAMI Thurston/Mason (an affiliate of the National Alliance on Mental Illness) 360-493-6021 <https://namitm.org/>
11. Narcotics Anonymous (NA) 24 hour Helpline: 360-754-4433 <https://www.na.org/meetingsearch/text-results.php?country=USA&state=Washington&city=Hoodsport&zip=&street=&within=20&day=0&lang=&orderby=datetime>



12. National AIDS Hotline 1-800-232-4636 or 800-243-7889 (TTY)
<https://www.hiv.gov/>
13. National Elder Fraud Hotline 1-833-372-8311 9am-8pm everyday.
<https://stopelderfraud.ovc.ojp.gov/> Call will be answered within 3 rings, you will be assigned a case manager who will remain your point of contact in reporting fraudulent activity of anyone 60 or older.
14. National Runaway Safeline (24 hours) 1-800-786-2929
<https://www.1800runaway.org/>
15. Skokomish Domestic Violence Crisis Line 360-545-2303 (24/7)
16. Tenant Rights Hotline 206-723-0500 <https://www.atg.wa.gov/tenant-rights>
17. WA Poison Center (24 hrs) V/TDD 1-800-222-1222 <https://www.wapc.org/>
18. Washington State Problem Gambling Help Line (24 hours) call or text 1-800-547-6133 <https://www.hca.wa.gov/>
19. Youth Help Line (The Crisis Clinic) (24hrs) 360-586-2777 <http://www.crisis-clinic.org/YouthHelpLine.php>

Adult & Family Mental Health Services:

1. **Behavioral Health Organization - Mental Health and Substance Use Crisis Information:**
 - ◆ Mental Health Crisis: Crisis Services – 360-754-1338 or 800-270-0041
 - ◆ Suicide Prevention Lifeline – 800-273-8255 Chat – click [here](#).
 - ◆ Text “HEAL” to 741741 to text with a trained crisis counselor.
 - ◆ Children’s Mobile Crisis Services – 360-480-5721
Mason County-Medicaid-enrolled children/youth through age 20 years.
Thurston County-All children/youth through age 20 years.
 - ◆ 24-hour Crisis Support and Referrals for Substance Use and Mental Health Services: Recovery Help Line – 866-789-1511
Crisis Clinic of Thurston and Mason Counties – 360-586-2800
Free and confidential.



2. **Behavioral Health Resources (BHR) Substance and Mental Health Treatment services 360-426-1696** 235 S. 3rd Street, Shelton WA 98584 Children, Youth and Adult Services including individual/group/family therapy, education and skill building, case management or medication management, pregnant and parenting women, resident services, older adult services, school based services.
3. **Community Services Office (DSHS) 1-877-501-2233** 2505 Olympic Hwy N Ste. 440, Shelton, WA 98584 <https://www.dshs.wa.gov/location/dshs-cso-023> To apply for services, have proof of WA state residency, information on income. Call or apply online to get services; Food, cash/financial, housing/utilities, youth services, health care, long term care, veterans, mental health, treatment centers, education, employment, children/families, crime/domestic violence, legal assistance, transportation.
4. **Mental Health Access Program (MHAP a Service of the Olympia Free Clinic) 360-890-4074** Providence Community Care Center 225 State Ave NE, Olympia WA 98501 (entrance on Franklin St.) <https://www.theolympiapfreeclinic.org/> Provides 4, 50 minutes sessions with a licensed mental health provider for free. Will connect you with appropriate services if needed.
5. **NAMI Thurston/Mason (an affiliate of the National Alliance on Mental Illness) 360-493-6021** <https://namitm.org/> Provides support groups to adult loved ones of people coping and living with mental illness.
6. **Skokomish Mental Health Counseling Program 360-426-5755** 100 N Tribal Center road, Skokomish—Provides evaluation and individualized treatment planning. Designed to be supportive and help individuals/families feel stronger in the face of challenges, heal pains from the past or hand strong emotions such as fear, anger, anxiety, and grief. Services accommodate individuals struggling with an ongoing mental illness, desire to build relationship, problem solving, self-talk skills, etc. Tele-psychiatry is available on a case by case basis.
7. **South Sound Behavioral Hospital 1-844-949-8888** 605 Woodland Square Loop SE, Lacey WA 98503 <https://www.southsoundbehavioralhospital.com/> Inpatient adult mental health and outpatient adult mental health services, includes telehealth for outpatient services. Provides free assessments 24/7 but is not an emergency service.
8. **Squaxin Island Tribe - Behavioral Health Program 360-426-1582** 100 SE Whitener Road, Shelton, WA 98584 <https://squaxiniland.org/> Provides mental health and substance use counseling and support.



9. **The Harvest Program (Mothers and Expecting Women Seeking Addiction Recovery) and Harvest Home 360-236-7140** 3857 Martin Way E, Suite B, Olympia WA 98506 <http://www.bhr.org/programs-services/harvest-program/> Assists pregnant and parenting women who are seeking abstinence from drugs or alcohol. Outpatient treatment, assessments, groups, parenting classes, progress reports for court/cps/probation-available childcare during treatment. Harvest Home is residential program for pregnant and parenting women with mental illness and substance use disorders.
10. **True North Student Assistance & Treatment Services (Shelton) 360-427-2050** 807 W Pine St. Shelton, WA 98584 <https://truenorth113.org/services/> Screening and assessment for youth with mental health or substance use, intervention, referral, education, individual/family counseling, support groups and go-between for school/juvenile justice/behavioral health systems.
11. **Washington State Problem Gambling Help Line (24 hours) call or text 1-800-547-6133** <https://www.hca.wa.gov/> All Washington residents, including people who gamble and their family members, are eligible for treatment services. You do not need to be Medicaid-eligible to receive treatment. After calling or texting, Helpline staff will refer you to a problem gambling certified counselor in your area. If you do not have insurance, or if your insurance does not cover treatment for problem gambling, you may qualify for state-funded treatment.

Alcohol & Substance Abuse Services:

1. **Alcoholics Anonymous (AA) (Alanon & Alateen) 24 hour Helpline 360-352-7344** 125 W. Cota St, Shelton, Washington 98584 <https://aadistrict8.org/location/easy-does-it-hall/> Check for meeting days and times.
2. **Behavioral Health Organization - Mental Health and Substance Use Crisis Information:**
 - ◆ Mental Health Crisis: Crisis Services – 360-754-1338 or 800-270-0041
 - ◆ [Suicide Prevention Lifeline](#) – 800-273-8255 Chat – click [here](#).
 - ◆ Text “HEAL” to 741741 to text with a trained crisis counselor.
 - ◆ Children’s Mobile Crisis Services – 360-480-5721
Mason County-Medicaid-enrolled children/youth through age 20 years.
Thurston County-All children/youth through age 20 years.
 - ◆ 24-hour Crisis Support and Referrals for Substance Use and Mental Health Services: [Recovery Help Line](#) – 866-789-1511
 - ◆ [Crisis Clinic of Thurston and Mason Counties](#) – 360-586-2800
Free and confidential



3. **Behavioral Health Resources (BHR) Substance and mental health treatment services 360-426-1696** 235 S. 3rd Street, Shelton WA 98584 Children, Youth and Adult Services including individual/group/family therapy, education and skill building, case management or medication management, pregnant and parenting women, resident services, older adult services, school based services.
4. **Narcotics Anonymous (NA) 24 hour Helpline: 360-754-4433**
Check for meeting days/times/locations. <https://www.na.org:443/meetingsearch/text-results.php?country=USA&state=Washington&city=Hoodsport&zip=&street=&within=20&day=0&lang=&orderby=datetime>
5. **Northwest Resources (Shelton) Substance Abuse Rehab Services 360-426-0890**
235 S. 3rd Street, Shelton WA 98584 Residential, outpatient, short term residential, intensive outpatient treatment and regular outpatient treatment. <http://www.nwrii.com/>
6. **Skokomish Alcohol and Drug Hope Program 360-426-5755** 100 N Tribal Center Road, Skokomish. Program provides evaluation followed by individual treatment plan that will begin to address the issues that caused problems for the individual and family. Patients may be referred for additional specialized care. Works with DOC and other court ordered services. You may call and ask for an assessment.
7. **Social Treatment Opportunity Program (S.T.O.P.) 360-426-5654** 611 W. Cota St. Shelton, WA 98584 <https://www.stopwa.com/shelton-treatment-center/> Alcohol/Drug Information school, anger management, chemical dependency treatment program, domestic violence treatment program, DUI assessments.
8. **South Sound Clinic (methadone/buprenorphine program) 413-6910 or 1-888-764-7243** <https://www.evergreentx.org/south-sound-clinic/> 6700 Martin Way East, Suite 117, Olympia WA 98516. Medication assisted treatment for opioid use disorders, wrap-around services like counseling and engagement with a medical provider.
9. **Squaxin Island Tribe - Behavioral Health Program 360-426-1582** 100 SE Whitener Road, Shelton, WA 98584 <https://squaxiniland.org/> Provides mental health and substance use counseling and support.
10. **The Harvest Program (Mothers and Expecting Women Seeking Addiction Recovery) and Harvest Home 360-236-7140** 3857 Martin Way E, Suite B, Olympia WA 98506 <http://www.bhr.org/programs-services/harvest-program/> Assists pregnant and parenting women who are seeking abstinence from drugs or alcohol. Outpatient treatment, assessments, groups, parenting classes, progress reports for



court/cps/probation-available childcare during treatment. Harvest Home is residential program for pregnant and parenting women with mental illness and substance use disorders.

11. **True North Student Assistance & Treatment Services (Shelton) 360-427-2050** 807 W Pine St. Shelton, WA 98584 <https://truenorth113.org/services/> Screening and assessment for youth with mental health or substance use, intervention, referral, education, individual/family counseling, support groups and go-between for school/juvenile justice/behavioral health systems.

Batterer's Intervention Programs:

1. **Social Treatment Opportunity Program (S.T.O.P.) 360-426-5654** 611 W. Cota St. Shelton, WA 98584 <https://www.stopwa.com/shelton-treatment-center/> Alcohol/Drug Information school, anger management, chemical dependency treatment program, domestic violence treatment program, DUI assessments. Multiple locations.

Children's Mental Health Services:

1. **Behavioral Health Organization - Mental Health and Substance Use Crisis Information:**
 - ◆ Mental Health Crisis: Crisis Services – 360-754-1338 or 800-270-0041
 - ◆ Suicide Prevention Lifeline – 800-273-8255 Chat – click [here](#).
 - ◆ Text “HEAL” to 741741 to text with a trained crisis counselor.
 - ◆ Children's Mobile Crisis Services – 360-480-5721
Mason County-Medicaid-enrolled children/youth through age 20 years.
Thurston County-All children/youth through age 20 years.
 - ◆ 24-hour Crisis Support and Referrals for Substance Use and Mental Health Services: [Recovery Help Line](#) – 866-789-1511
 - ◆ [Crisis Clinic of Thurston and Mason Counties](#) – 360-586-2800
Free and confidential
2. **Behavioral Health Resources (BHR) Substance and mental health treatment services 360-426-1696** 235 S. 3rd Street, Shelton WA 98584 Children, Youth and Adult Services including individual/group/family therapy, education and skill building, case management or medication management, pregnant and parenting women, resident services, older adult services, school based services.



3. **Community Services Office (DSHS) 1-877-501-2233** 2505 Olympic Hwy N Ste. 440, Shelton, WA 98584 <https://www.dshs.wa.gov/location/dshs-cso-023> To apply for services, have proof of WA state residency, information on income. Call or apply online to get services; Food, cash/financial, housing/utilities, youth services, health care, long term care, veterans, mental health, treatment centers, education, employment, children/families, crime/domestic violence, legal assistance, transportation.
4. **Community Youth Services (Counseling & Services for At Risk Youth) 360-943-0780** 601 West Franklin St, Shelton WA 98584 Juvenile diversion, therapeutic foster care, independent living skills, youth shelter, family preservation, integrated counseling, multi-systemic therapy, transitional age youth support.
<https://communityyouthservices.org/>
5. **Skokomish Mental Health Counseling Program 360-426-5755** 100 N Tribal Center road, Skokomish—Provides evaluation and individualized treatment planning. Designed to be supportive and help individuals/families feel stronger in the face of challenges, heal pains from the past or hand strong emotions such as fear, anger, anxiety, and grief. Services accommodate individuals struggling with an ongoing mental illness, desire to build relationship, problem solving, self-talk skills, etc. Tele-psychiatry is available on a case by case basis.
6. **Squaxin Island Tribe - Behavioral Health Program 360-426-1582** 100 SE Whitener Road, Shelton, WA 98584 <https://squaxinland.org/> Provides mental health and substance use counseling and support.
7. **True North Student Assistance & Treatment Services (Shelton) 360-427-2050** 807 W Pine St. Shelton, WA 98584 <https://truenorth113.org/services/> Screening and assessment for youth with mental health or substance use, intervention, referral, education, individual/family counseling, support groups and go-between for school/juvenile justice/behavioral health systems.
8. **Youth Help Line (The Crisis Clinic) (24hrs) 360-586-2777** <http://www.crisis-clinic.org/YouthHelpLine.php> Provides confidential/anonymous phone support about any subject like peer pressure, trouble at home, drug abuse, bullying, depression, relationship issues, etc. Lines staffed by youth volunteers between 4-8 pm but trained adult staff are always standing by.

Clothing Assistance:



1. **Family Education & Support Services 360-754-7629** 1202 Black Lake SW Blvd, Olympia WA 98502 <http://familyess.org/> Links grandparents and other relative caregivers to: support groups, resources, provides education, increases access and offers case management along with financial support. Financial support is in the form of: rental and utility assistance, funds for purchases of bedding, furniture, clothing, food, car repairs, gas/bus vouchers and medications for the child. Emergency aid is available for those who qualify. Please contact the Kinship Navigator.
2. **Love Inc. of Mason County 360-462-LOVE (5683)** 221 West Railroad, Suite 10, Shelton, WA 98584 <https://www.loveincofmasoncounty.org/> Gap Ministries provides: furniture, clothing, medical equipment, household goods, blankets, laundry cards, firewood, sleeping bags and some direct assistance
3. **Shelton Family Center—360-462-0125** 123 S. 2nd St., Shelton, WA 98584 <https://sheltonfamilycenter.org/> Afterschool programming, daily lunch, hygiene closet, clothing closet, case management, computers with wifi access, survival gear, life skills classes, transitional and emergency shelter for youth 12-24 years, drop in center for homeless youth.
4. **Shelton United Methodist Church 360-426-4174** 1900 King St., Shelton WA 98584 <http://oursumc.wixsite.com/sheltonumc> Clothing closet for adults, children, and infants. Free Legal services.
5. **Skokomish Tuwaduq Family Services 360-426-7788** 561 N. Tribal Center Rd. Skokomish, WA 98584. Domestic violence services, vocational rehabilitation, garden program, healthy families program, general assistance.

Crisis/Emergency Services:

1. **Beyond Survival 360-533-9751** 120 West 1st St, Aberdeen WA 98520 <https://www.ghbeyondsurvival.com/> Offers advocacy for Survivors of sexual assault and their families, 24 hour crisis line that provides immediate assistance, information and emotional support, available to anyone affected by sexual abuse whether it's recent or in the past.
2. **Behavioral Health Organization - Mental Health and Substance Use Crisis Information:**
 - ◆ Mental Health Crisis: Crisis Services – 360-754-1338 or 800-270-0041
 - ◆ Suicide Prevention Lifeline – 800-273-8255 Chat – click [here](#).



- ◆ Text “HEAL” to 741741 to text with a trained crisis counselor.
- ◆ Children’s Mobile Crisis Services – 360-480-5721
Mason County-Medicaid-enrolled children/youth through age 20 years.
Thurston County-All children/youth through age 20 years.
- ◆ 24-hour Crisis Support and Referrals for Substance Use and Mental Health Services: [Recovery Help Line](#) – 866-789-1511

[Crisis Clinic of Thurston and Mason Counties](#) – 360-586-2800
Free and confidential

3. **Crisis Clinic of Mason County Business line: 360-586-2888, Crisis line: 360-586-2800**
<http://www.crisis-clinic.org/> 24 hour crisis intervention, referrals and information.
4. **Designated Crisis Responders (DCR) 360-754-1338 or 1-800-270-0041** When there is an active crisis for adult or child; if a person is a danger to themselves, a danger to others, a danger to property or unable to care for themselves is UNWILLING to go voluntarily to seek treatment, an Involuntary Treatment Act (ITA) request can be made. When DCR responds, they will assess the crisis and determine if ITA is necessary or de-escalate the situation and provide education/resources. Anyone can request “an ITA evaluation” but for fastest response, law enforcement or a provider should make this request.
5. **Emergency Shelter Network 360-528-8999 Haven House 360-754-1151 or 888-698-1825** <https://communityyouthservices.org/> Shelter/Crisis center for teens 12-17 located in Olympia, call for info. Provides case management and referrals.
6. **Health Care Center 360-426-9717** 107 N. 8th Street, Shelton WA 98584 Sunday-Friday 8-6/Saturday 10-2. <https://www.healthcarecentershelton.com/> Affordable urgent care walk-in accepted, no Medicare, no Medicaid \$50 appointments. Physical exam, headaches, colds/flu, cough, asthma, burns, stomach/back pains, sprains, ear infections, injuries, dental abscesses etc.
7. **Mason General Hospital 360-426-1611** 901 Mountain View Dr., Shelton WA 98584, <https://www.masongeneral.com/> 24 hour emergency room, birth center, cancer navigation, diagnostic imaging, laboratory and pharmacy services, rehabilitation, respiratory care, surgery, wound care, telehealth.
8. **National Suicide Lifeline (24 hr) 1-800-273-TALK (8255)** – For all populations.
9. **Providence Sexual Assault Clinic- 360-493-7469** 420 Golf Club Road, Suite 203 Lacey, WA 98503 <https://washington.providence.org/locations-directory/s/sexual-assault-clinic> -
- Physicians, nurse practitioners, and nurses provide special medical evaluations for



children, adolescents and adults. Social workers provide crisis counseling for the victims and families of sexual assault, physical abuse or chronic neglect. → Sexual assault nurse examiners (SANE) are on call to the Providence St. Peter Hospital Emergency Center (360-491-9480) 24 hours a day to provide comfort and care, and to collect forensic evidence for sexual abuse investigations. Our clinic physicians and advanced practice nurses often serve as expert witnesses when these cases go to criminal trials.

10. **Providence St Peter's Emergency Room (ER) 360-491-9480** 413 Lilly Rd NE, Olympia WA 98506 If an adult or child is suicidal with or without a plan and is WILLING to go to inpatient treatment, they can be taken to this ER, a social worker will screen them and help with inpatient psychiatric placement and/or safety planning.
11. **SafePlace Domestic Violence & Sexual Assault Hotline 360-754-6300** 521 Legion Way SE Olympia WA 98501 <https://www.safeplaceolympia.org/> 24 hour hotline and provides free and confidential services to people who have experienced all forms of domestic and sexual violence and abuse.
12. **Turning Pointe 360-426-1216 or the crisis line @ 360-432-1212** 210 Pacific Ct, Shelton WA 98584 <https://www.turningpointe.org/> Domestic violence shelter (pet friendly), case management, legal and medical advocacy, referrals and support groups, community DV/SA training.
13. **Victim Support Services 1-888-288-9221** <http://victimsupportservices.org> 24 hour hotline, crisis intervention, information and referral, advocacy, medical advocacy, support group for survivors of homicide, mental health services.
14. **WA Poison Center (24 hrs) V/TDD 1-800-222-1222** <https://www.wapc.org/> Provides immediate, free, and expert treatment advice and assistance on the phone in case of exposure to poisonous, hazardous, or toxic substances. All calls are confidential.
15. **Youth Help Line (The Crisis Clinic) (24hrs) 360-586-2777** <http://www.crisis-clinic.org/YouthHelpLine.php> Provides confidential/anonymous phone support about any subject like peer pressure, trouble at home, drug abuse, bullying, depression, relationship issues, etc. Lines staffed by youth volunteers between 4-8 pm but trained adult staff are always standing by.

Disability Services:



1. **Adult Protective Services, DSHS (report abuse of vulnerable adults and elders) 360-664-9061 or 1-877-734-6277** <https://www.dshs.wa.gov/altsa/adult-protective-services-aps> APS will investigate reports about abuse, abandonment, neglect, exploitation, and self-neglect of adults. Will collaborate with other agencies to offer protective services as needed.
2. **Arc of WA State (Advocates for Rights of Citizens w/Developmental Disabilities) 360-357-5596** 2638 State Avenue NE, Olympia WA 98506 info@arcwa.org Advocates for services and funding to meet needs of people with intellectual and developmental disabilities and their families including birth to three services, special education, employment and residential supports, health care, transportation, respite and inclusion in the community.
3. **Area Agency on Aging 360-664-2168 or 888-545-0910** 2404 Heritage Ct SW, Olympia, WA 98502 <https://www.lmtaaa.org/> Provides services and resources for older adults, adults living with disabilities and their families. Services include meal delivery, transportation, in home care, long term care, case management etc.
4. **Disability Rights Washington 1-800-562-2702 or 206-324-1521** <https://www.disabilityrightswa.org/> Non-profit that protects the rights of people with disabilities statewide and provides advocacy. Advocates for inmates with disabilities, promotes community inclusions and services, Ombuds for development disabilities, rights investigations, and advocacy for individuals in institutional settings.
5. **Exceptional Foresters (assisting adults with developmental disabilities to obtain residential and vocational rehab services) 360-426-0077** 2009 W. Railroad Ave, Shelton WA 98584 <https://www.team-efi.org/> Supported living 24/7 and independent living services, vocational resources for employers and individuals, community guide/engagement for supportive services in the community.
6. **Faith in Action West Sound 360-275-0535** 111 NE Old Belfair Hwy, Belfair WA 98528 offers support to clients who are aging or disabled adults, with limited cash grants and financial assistance to help low to moderate income families with emergency financial aid for fulfilling needs such as money for rent, utility bills, heating gas, fuel oil, and water bills on case-by-case basis.
7. **Gift for Special Children (24 hours) 360-427-7058** PO Box 193 Matlock WA 98560 <http://www.agiftforspecialchildren.org/> Referrals and assistance for families with children diagnosed with special needs and/or disease 0-18 years when no other resources available.



8. **Hearing, Speech & Deaf Center (HSDC), Video Phone: 253-292-2209 Voice: 253-475-0782** Toll Free: 866-421-5560 TTY: 253-474-1748 Toll Free: 866-698-1748 621 Tacoma Ave Suite 505 Tacoma, WA 98402 Email: tacoma@hsrc.org <https://www.hsrc.org/> Hearing aids, deaf & hard of hearing services, interpreting services, parent-infant program, Rosen Family Preschool, speech and language assistance.

9. **Human Rights Commission, WA State or 1-800-233-3247** 711 S Capitol Way, Suite 402, Olympia WA 98504 <https://www.hum.wa.gov/> Any individual who believes that he or she has been discriminated against based on protected class status may file a charge of discrimination with the WSHRC. Including employment, public accommodation, housing, and credit and insurance.

10. **National Library Service for the Blind and Print Disabled Library of Congress** <https://www.loc.gov/nls/> Braille and Audio Reading Downloads-must apply for an account.

11. **Shelton School District - Special Services (birth-21 years) 360-426-2151** 700 S. First St., Shelton, WA 98584 <https://www.sheltonschools.org/cms/One.aspx?portalId=16522521&pageId=20114159> Special education, Child Find, Section 504, Home/Hospital, early intervention/early childhood education. For questions about Child Find and to schedule a developmental screening for your child, call.

12. **Skokomish Vocational Rehabilitation 360-426-7788** 80 N. Tribal Center Road, Skokomish. Provides services to Native Americans with disabilities in a manner consistent with each individual consumers' strengths, resources, priorities, concerns, abilities, and capabilities. Vocational rehabilitation programs are designed to assist people with disabilities in returning to the workplace. Assist with helping to remove barriers that you may have when seeking employment. Required forms are available at office and for more information, call.

13. **Social Security Information Line (SSI/ Medicare) 1-800-772-1213** To apply online for Social Security Income: <https://www.ssa.gov/benefits/ssi/> To apply online for Medicare: <https://www.ssa.gov/benefits/medicare/> Local SSI office 1-800-325-0778, 402 Yauger Way SW, Olympia WA 98502



14. **South Puget Intertribal Planning Agency (SPIPA) 360-426-3990** 3104 SE Old Olympic Hwy Shelton, WA 98584. <https://www.spipa.org/> Native Employment Works (NEW)-eligible tribal members receive services to support employment and job retention. Tribes Assisting Native Families (TANF)-financial assistance as well as employment and training services to eligible and needy families. Vocational Rehabilitation (VR) to persons with physical or mental impairments which impede employment, receive assistance, training and counseling to overcome barriers to employment.
15. **South Sound Care Connection (care coordination for all ages) 360-586-4491** 222 Columbia St NW, Olympia WA 98501 <https://southsoundseniors.org/programs/care-connection/> Provides a variety of assistance including companionship, personal care support, dementia specific needs, personal assistance, end of life care, hiring assistance for personal caregiver, Brighter Days Adult Day Program (up to 5 hours a day for respite and can provide activities, therapies, exercise, meals, medication assistance, personal care, provides care to adults with disabilities, Alzheimer's, dementia or developmental delay), transportation.
16. **South Sound Parent to Parent (Supporting Parents of Individuals with special needs) 360-352-1126** 310 W Birch St, Shelton WA 98584 <https://www.ssp2p.org/> Family resource coordination, speech therapy, occupational therapy, physical therapy, teacher/home visitor/virtual visits. Do not need a physician's referral for services, may self-refer on the online portal.
17. **Vocational Rehabilitation, Division of (DVR) 1-800-830-3243** <https://www.dshs.wa.gov/dvr> Statewide resource assisting people with disabilities to prepare for, secure, maintain, advance in, or regain employment. Career development, counseling/guidance, assessment services, independent living services, training and education and job related coaching and preparation.
18. **WA State Dept. of Services for the blind 1-800-552-7103** info@dsb.wa.gov <https://dsb.wa.gov/resources/request-services> One-stop service for people of all ages who are blind or have low vision. Employment services, youth services including education, Independent living services and business support.
19. **WA state office for Deaf & Hard of Hearing Services, 800-422-7930 voice or TTY 902-8000** <https://www.dshs.wa.gov/altsa/office-deaf-and-hard-hearing> Communication access, technology, community outreach, interpreters and resources, community members training.
20. **WA Talking Book & Braille Library 1-800-542-0866** <https://www.wtbbl.org/> Provides equal access to information and reading materials for Washington residents unable to read standard print.



Education Services:

1. **CHOICE High School (alternative high school for ages 14-21) 360-426-7664** 807 W Pine St, Shelton WA 98584 <https://choice.sheltonschools.org/> alternative learning tracks, counseling, resources.
2. **Family Education & Support Services (Parenting Support/Child Dev) 877-813-2828 or 360-754-7629** 601 W Franklin St, Shelton WA 98584 (Shelton Office) MTW, 9AM-2PM <http://familyess.org/> Provides parenting classes, fatherhood support groups, parent mentor program, provides school supplies, parent-child assistance program, kinship caregiver support and resources, intensive case management.
3. **High School 21+ program 360-877-2460** 151 N reservation Road, Skokomish. Adult learning program that allows adults over 21 to earn their high school diploma—this diploma is issued by an accredited community college and is recognized by all learning institutions.
4. **Job Corps (Vocational Ed & life skills training, ages 16-24) 800-733-5627** <https://www.jobcorps.gov/> Live on site at training center and learn new skills and trade, prepare for career with hands on training, search for employment, prepare for independent living, voluntary program.
5. **Olympic College Shelton (basic college/GED prep/Adult Basic Education) 360-432-5400** 937 Alpine Way, Shelton WA 98584 <https://www.olympic.edu/shelton-campus> AA degrees, professional technical degrees, onsite and online, adult basic skills education (GED/high school 21+), and placement testing.
6. **Shelton School District - Special Services (birth-21 years) 360-426-2151** 700 S. First St., Shelton, WA 98584 <https://www.sheltonschools.org/cms/One.aspx?portalId=16522521&pageId=20114159> Special education, Child Find, Section 504, Home/Hospital, early intervention/early childhood education. For questions about Child Find and to schedule a developmental screening for your child, call.
7. **Skokomish Student Incentive Program 360-877-2460** 151 N Reservation Road, Skokomish. Program includes tribal and community member students. Students k-5 receive financial incentive based on their school attendance (no more than 3 excused absences). Students 6-12 are awarded incentive based on GPA (2.0 or higher).



8. **Sound Learning 360-426-9733** 133 W Railroad Ave, Shelton WA 98584
<https://www.soundlearning.co/> Adult basic education (GED prep), High School 21+, Open Doors newcomer program, individual tutoring.
9. **Student Retention Services 360-877-2460** 151 N Reservation Road, Skokomish. Works with students, families, schools and districts to improve attendance for truant students who reside in the Skokomish Community.
10. **Skokomish Student Tutoring 360-877-2460** 151 N Reservation Rd. Skokomish. This program offers academic support to the Skokomish community. Helps youth to realize and reach their academic potential by providing in-school and after-school tutoring and homework support.
11. **Tribal Scholarship Program 360-877-2460** 151 N Reservation Road, Skokomish. Skokomish Education Department offers an opportunity for Skokomish tribal members to receive financial assistance to pursue a degree in higher education. There are various award amounts based upon academic degree level that the student will be pursuing.
12. **True North Student Assistance & Treatment Services (Shelton) 360-427-2050** 807 W Pine St. Shelton, WA 98584 <https://truenorth113.org/services/> Screening and assessment for youth with mental health or substance use, intervention, referral, education, individual/family counseling, support groups and go-between for school/juvenile justice/behavioral health systems.
13. **Work First Program, South Puget Sound Community College (SPSCC) (Pre-Employment Training/Support for those on TANF) 360-596-5401**
<https://spscc.edu/workforce> Must be receiving TANF and referred by your DSHS case manager for specific programs.

Elder's Services:

1. **Adult Protective Services, DSHS (report abuse of vulnerable adults and elders) 360-664-9061 or 1-877-734-6277** <https://www.dshs.wa.gov/altsa/adult-protective-services-aps> APS will investigate reports about abuse, abandonment, neglect, exploitation, and self-neglect of adults. Will collaborate with other agencies to offer protective services as needed. To make reports of abuse or self-neglect of an older adult or vulnerable adult, call or file online. You will be asked the individual's name, address, contact info and details about why you are concerned. An investigator will be assigned and follow up on the vulnerable adult.



2. **Area Agency on Aging 360-664-2168 or 888-545-0910** 2404 Heritage Ct SW, Olympia, WA 98502 <https://www.lmtaaa.org/> Provides services and resources for older adults, adults living with disabilities and their families. Services include meal delivery, transportation, in home care, long term care, case management etc.
3. **Assured Home Health and Hospice 360-236-9204** 2102 Carriage St SW Ste. D, Olympia WA 98502 Home health services including alzheimer's/dementia care, pain/medication management, skilled nursing, hospice etc. Generally paid for by Medicare/Medicaid for those who are eligible.
4. **Behavioral Health Resources (BHR) Substance and mental health treatment services 360-426-1696** 235 S. 3rd Street, Shelton WA 98584 Children, Youth and Adult Services including individual/group/family therapy, education and skill building, case management or medication management, pregnant and parenting women, resident services, older adult services, school based services.
5. **Care Connection (South Sound Seniors) 360-586-4491** Provides seniors with a variety of assistance including companionship, person care support, dementia-specific needs, personal assistance, end of life care, hiring caregiver, transportation, farmers market voucher, home share, SHIBA, trips & tours.
6. **Catholic Community Services 1-877-870-1582, 360-586-2960** <https://ccsww.org/> Provides non-medical assistance to aging persons and those with disabilities living in their homes. Includes shopping, laundry and dishes, personal care such as dressing, bathing and transferring. Also provides adoption assistance, behavior rehabilitation services, Family Assessment Stabilization Team (FAST), housing assistance, family behavioral health.
7. **Elder's Lunch Program-360-426-4232** 80 N Tribal center Road, Skokomish. Provides congregate, "community" lunches and delivered lunches (to homebound elders) to qualified Skokomish elders and their spouses.
8. **Faith in Action West Sound 360-275-0535** 111 NE Old Belfair Hwy, Belfair WA 98528 offers support to clients who are aging or disabled adults, with limited cash grants and financial assistance to help low to moderate income families with emergency financial aid for fulfilling needs such as money for rent, utility bills, heating gas, fuel oil, and water bills on case-by-case basis.
9. **Homecare Referral Registry (operated by Area Agency on Aging) 360-664-3162 Ext. 143 or 1-800-970-5456** 2404 Heritage Court SW, Olympia WA 98502 http://www.hcrr.wa.gov/HCRR/south_sound.htm Registry of available providers to hire



if you receive Medicaid personal services, COPES or CFC and would like to hire someone to work for you.

10. Long Term Care Program (Catholic Community Services-CCS) 877-870-1582

<https://ccsw.org/> Hires, screens, trains and supervises home care workers who provide personal care and homemaker tasks to people who need the assistance to remain independent in their homes. Includes housework, grocery shopping, laundry, dishes, personal care etc. Hours vary by need, all income levels eligible.

11. Skokomish Minor Elder Home Repair 360-877-6748 561 N Tribal Center Road, Skokomish. This program repairs minor issues with privately owned homes. This is not a rehabilitation program. The maximum grant for this program is \$10,000 but only for funds needed to

repair the problem will be used. Work items, covers, water leaks, electrical, plumbing, septic, roofing, etc. Services are limited to Mason County.

12. Providence Sound Home Care & Hospice 360-459-8311 or 1-800-869-7062 4200 6th Ave SE, Suite 201 Lacey, WA 98503 <https://washington.providence.org/locations-directory/s/soundhomecare-and-hospice#laid=6473> Cardiac hospice, home health, home infusion services, hospice, rehabilitation, grief support for all ages. Accepts Medicare, Medicaid and most insurance plans.

13. Senior Activities Association 360-426-7374 190 W Sentry Dr, Shelton WA 98584 <https://www.mcsac.net/> Senior (50+ years) activities center including meals, fitness/health, community services (foot care, eye glass care, incontinence supplies, AAA presentations, personal safety classes, tax assistance financial planning etc.), group activities, personal enrichment.

14. Senior Case Management (Area Agency on Aging) Call toll free 1-888-545-0910 2008 Olympic Hwy N Shelton, WA 98584 M-F 1 pm - 5 pm. Services include kinship care program, in home personal care, long term care facilities, long term care advocacy, meal delivery/nutrition support, Medicaid/Medicare assistance, transportation help, falls prevention and other resources.

15. Skokomish Adult Protection Advocate 360-426-5755 or Cell 360-545-2044 100 North Tribal Center Rd, Skokomish Nation WA 98584. Provides advocacy and short term case management for vulnerable adults and Elders in the Skokomish Community. Works with state Adult Protection Services to investigate allegations of abuse and exploitation to protect vulnerable individuals.



16. **South Sound Care Connection (care coordination for all ages) 360-586-4491 222** Columbia St NW, Olympia WA 98501 <https://southsoundseniors.org/programs/care-connection/> Provides a variety of assistance including companionship, personal care support, dementia specific needs, personal assistance, end of life care, hiring assistance for personal caregiver, Brighter Days Adult Day Program (up to 5 hours a day for respite and can provide activities, therapies, exercise, meals, medication assistance, personal care, provides care to adults with disabilities, alzheimer's, dementia or developmental delay), transportation.

17. **Supplemental Firewood Program-360-877-6748** 561 N Tribal Center Road, Skokomish. Provides supplemental wood for Skokomish elders who use a fireplace or wood stove to heat their homes.

Employment Services:

1. **Exceptional Foresters (assisting adults with developmental disabilities to obtain residential and vocational rehab services) 360-426-0077** 2009 W. Railroad Ave, Shelton WA 98584 <https://www.team-efi.org/> Supported living 24/7 and independent living services, vocational resources for employers and individuals, community guide/engagement for supportive services in the community.

2. **Skokomish General Assistance 360-426-7788** 561 N Tribal Center Road, Skokomish. The Skokomish Tribe's general Assistance Program promotes self-sufficiency and is meant to provide you with financial assistance while you are between jobs. You must meet eligibility requirements before we can provide you with (G.A.) benefits. On the Job Training (O.J.T.) and work experience opportunities are available to learn job skills and gain work experience when looking for employment.

3. **Job Corps (Vocational Ed & life skills training, ages 16-24) 800-733-5627** <https://www.jobcorps.gov/> Live on site at training center and learn new skills and trade, prepare for career with hands on training, search for employment, prepare for independent living, voluntary program.

4. **Lucky Dog Casino** <https://www.myluckydogcasino.com/>

5. **Native Employment Works (SPIPA NEW) 360-426-7788** 561 N tribal Center Road, Skokomish. The NEW Program's goal is to serve all eligible tribal members, their families and other community members targeting those unemployed and low-income individuals who may not have access to or be served by other local, state, or tribal service programs. Work activities, educational activities, training, job readiness, work clothing,



and work tools are examples of supportive and job retention services that can be provided to enable clients to maintain their employment. Services provided are unique to each individual served.

6. **North Mason Resources 360-552-2303** 140 NE State Route 300, Belfair WA 98528 <https://nmresources.org/> Provides services and referrals to help with self-sufficiency, homeless support including clothing, pet food, hygiene, camping supplies, emergency shelter, rental assistance, Worksource Washington Connection Site to assist clients with job search and interview prep, Veteran/Disabled American Veteran Assistance Services (filing VA claims, accessing veteran assistance fund, housing, supplies, transportation), LifeLine (discounted phone services), Northwest Children's Outreach (NCO) drop off and distribution site (children/youth clothing and supplies), adult/young adult work experience program (assists 18-24 with gaining work experience/job skills).
7. **Skokomish Job openings-** <http://www.skokomish.org/employmentrfps/>
8. **Skokomish Tuwaduq Family Services 360-426-7788** 561 N. Tribal Center Rd. Skokomish, WA 98584. Domestic violence services, vocational rehabilitation, garden program, healthy families program, general assistance.
9. **Squaxin Job openings-** <https://squaxinland.org/government/departments/human-resources/job-opportunities/>
10. **Vocational Rehabilitation 360-426-7788** 80 N. Tribal Center Road, Skokomish. Provides services to Native Americans with disabilities in a manner consistent with each individual consumers' strengths, resources, priorities, concerns, abilities, and capabilities. Vocational rehabilitation programs are designed to assist people with disabilities in returning to the workplace. Assist with helping to remove barriers that you may have when seeking employment. Required forms are available at office and for more information, call.
11. **Vocational Rehabilitation, Division of (DVR) 1-800-830-3243** <https://www.dshs.wa.gov/dvr> Statewide resource assisting people with disabilities to prepare for, secure, maintain, advance in, or regain employment. Career development, counseling/guidance, assessment services, independent living services, training and education and job related coaching and preparation.
12. **WA State Apprenticeship Programs-** <https://lni.wa.gov/licensing-permits/apprenticeship/become-an-apprentice>



13. **WA State Dept. of Services for the blind 1-800-552-7103 info@dsb.wa.gov**
<https://dsb.wa.gov/resources/request-services> One-stop service for people of all ages who are blind or have low vision. Employment services, youth services including education, Independent living services and business support.

14. **Work First Program, South Puget Sound Community College (SPSCC) (Pre-Employment Training/Support for those on TANF) 360-596-5401**
<https://spscc.edu/workforce> Must be receiving TANF and referred by your DSHS case manager for specific programs.

15. **WorkSource-(Job Search/Training, Unemployment Comp) 360-427-2174 2505**
Olympic Hwy N #420, Shelton WA 98584 <https://www.worksourcewa.com/> Provides job search and preparation, training and other programs, apprenticeship information, career advice, classified ads, veterans and military spouses info, employment/training info for persons with disabilities, farmworkers and dislocated workers info. Unemployment benefits and Washington Health Plan finder assistance.

Families & Family Planning Services:

1. **Behavioral Health Resources (BHR) Substance and mental health treatment services 360-426-1696** 235 S. 3rd Street, Shelton WA 98584 Children, Youth and Adult Services including individual/group/family therapy, education and skill building, case management or medication management, pregnant and parenting women, resident services, older adult services, school based services.

2. **Car seats available at Skokomish Tribal Police 360-426-4740** 861 N Reservation Road, Skokomish, WA. Oversees C.P.S. (child passenger seat program). Assists with the acquisition of a C.P.S., the installation of the C.P.S. in the vehicle and the fitting of the child to the C.P.S. An assortment of informational materials are available. Assistance is also available for any issues involving seat belts. For more information or aid, please call.

3. **Care Net Pregnancy Center of Mason County (pregnancy counseling/testing, baby supplies) 360-427-9171** 2233 Jefferson St., Shelton, WA 98584 <http://sheltoncarenet.org/> Pregnancy testing, family resources, STD testing/ultrasounds, education and support. Appointments scheduled after hours can be done online at <https://optionline.org/>

4. **Child Care Action Council-Resource & Referral Line 360-754-0810 or 800-446-1114** 3729 Griffin Lane SE, Olympia WA 98501 <https://www.ccaacwa.org/> Connecting families to childcare, early childhood education, resources (including homelessness),



group events, classes, play groups and home visitations, professional development training, workshops and consultations for providers.

5. **Child Protective Services Department of Children Youth & Families 1-866-363-4276** 24/7 <https://www.dcyf.wa.gov/safety/report-abuse> Questions you will be asked when you call to make a report of child abuse (not all info is required but the more that is available, the better the child can be helped) 1: Name/address/age of child 2: Name/address of child's parent, guardian or other person having custody of child 3: The nature/extent of abuse or neglect 4: Any evidence of previous incidences 5: Any other information which may be helpful in establishing the cause of the child's abuse or neglect and the identity of the perpetrator.
6. **Child Support Enforcement Office (DSHS) 1-800-345-9964 or 360-664-6900** 243 Israel Rd SE 5th Floor Tumwater, WA 98501 Have your case number if you know it and any paperwork received from DSHS that you need to discuss.
7. **Early Childhood Development 360-877-9007** 91 N Reservation Road, Skokomish. Childcare development fund (CCDP) is a block-grant program administered to provide child care for children under the age of 13. Payments are based on a sliding fee scale.
8. **Family Education & Support Services (Parenting Support/Child Dev) 877-813-2828 or 360-754-7629** 601 W Franklin St, Shelton WA 98584 (Shelton Office) MTW, 9AM-2PM <http://familyess.org/> Provides parenting classes, fatherhood support groups, parent mentor program, provides school supplies, parent-child assistance program, kinship caregiver support and resources, intensive case management.
9. **Family Support center of South Sound 360-754-9297** 3545 7th Ave SW, Olympia WA 98502 <http://www.fscss.org/> Homeless Family Services, resource referral and coordination.
10. **Gift for Special Children (24 hours) 360-427-7058** PO Box 193 Matlock WA 98560 <http://www.agiftforspecialchildren.org/> Referrals and assistance for families with children diagnosed with special needs and/or disease 0-18 years when no other resources available.
11. **Skokomish Healthy Family Home-Visitor Program 360-426-7788** 561 N Tribal Center Road, Skokomish. To provide comprehensive, culturally-appropriate home visitation services. Works with prenatal to age 3 children and their families.
12. **Help Me Grow Washington Family Health Hotline 1-800-322-2588** M-F 8-5. <https://www.parenthelp123.org/family-health-hotline> You can call and ask for resources or you can call and ask to be screened over the phone for services including WIC, food



stamps, health insurance, birth control (through Take Charge Program), health and family planning clinics, developmental screenings, pregnancy and baby supplies, breastfeeding support, food banks and more.

13. **National Runaway Safeline (24 hours) 1-800-786-2929** <https://www.1800runaway.org/>
Support line for runaway youth or those thinking about running, resources for parents, resources for community education/prevention.
14. **Planned Parenthood 1-800-769-0045 or 360-426-2933** Open on Tuesday from 9:00 am – 5 pm and Thursday from 10:00-6 pm. 2505 Olympic Hwy N, #400 Shelton, WA 98584 <https://www.plannedparenthood.org/health-center/washington/shelton/98584/shelton-health-center-2462-91810> Schedule appointments online or call. Birth control, HIV testing, men's health care, morning after pill, abortion services, STD testing-treatment-vaccines, pregnancy testing, counseling.
15. **Skokomish Head Start Program 360-877-9007** 91 N Reservation Road, Skokomish. Head Start is a comprehensive child development program which serves kids from 3-5 years of age and their families. A child-focused program with the overall goal of increasing the school readiness of young children in low-income families. Program provides a range of individualized services in the areas of education and early childhood development, medical, dental, and mental health, nutrition and parent involvement.
16. **Skokomish TANF Program 360-877-2200** N 93 Reservation Rd, Skokomish WA 98584 Assisting needy families with education and tools necessary to empower families, provides families with monthly stipend for food.
17. **Skokomish Tuwaduq Family Services 360-426-7788** 561 N. Tribal Center Rd. Skokomish, WA 98584. Domestic violence services, vocational rehabilitation, garden program, healthy families program, general assistance.
18. **South Sound Parent to Parent (Supporting Parents of Individuals with special needs) 360-352-1126** 310 W Birch St, Shelton WA 98584 <https://www.ssp2p.org/>
Family resource coordination, speech therapy, occupational therapy, physical therapy, teacher/home visitor/virtual visits. Do not need a physician's referral for services, may self-refer on the online portal.
19. **The Harvest Program (Mothers and Expecting Women Seeking Addiction Recovery) and Harvest Home 360-236-7140** 3857 Martin Way E, Suite B, Olympia WA 98506 <http://www.bhr.org/programs-services/harvest-program/> Assists pregnant and parenting women who are seeking abstinence from drugs or alcohol. Outpatient treatment, assessments, groups, parenting classes, progress reports for



court/cps/probation-available childcare during treatment. Harvest Home is residential program for pregnant and parenting women with mental illness and substance use disorders.

20. The Seasonal Child Care (SCC) 1-844-626-8687

<https://www.washingtonconnection.org/home/> Program pays for child care subsidies to eligible families who have seasonal agricultural employment, live in designated counties, and are not receiving TANF benefits. Apply by calling the Child Care Subsidy Contact Center, apply online through Washington Connections or call local Community Services Office.

21. Within Reach Family Health Hotline 1-800-322-2588 <https://withinreachwa.org/>

<http://parenthelp123.org/> Provides resources and linkage to families in all areas including early childhood development screening, health insurance application assistance, locating food banks, parenting classes and low cost medical clinics.

22. Women, Infants, Children (WIC) Nutrition Program (Community Action Council)

360-426-9726 807 W Railroad Ave, Shelton WA 98584 Serves low income, nutritionally at-risk pregnant women, postpartum mothers and children up to their fifth birthday. Will be determined to be “nutritional risk” by WIC certifier.

23. Working Connections Child Care (WCCC) 1-844-626-8687

<https://www.dcyf.wa.gov/services/earlylearning-childcare/getting-help/wccc> Program pays for child care subsidies to eligible households with parents who are working or are participating in a DCYF approved work activity at the time of application (employment, self-employment, and certain types of school, activities associated with TANF, tribal TANF, or food assistance programs), may have to pay small co-pay for child care (\$15-\$65).

Financial Assistance:

1. Burial Supplement Assistance Program-360-426-7788 561 N Tribal Center Road,

Skokomish. The burial supplement assistance program is for Skokomish members. The tribe will pay up to \$2,500 toward the balance of the burial expense. The one-time payment will be made directly to the funeral home.

Business hours are Monday - Wednesday 9 AM to 12 PM and 1 PM to 4 PM or by appointment.

2. Child Support Enforcement Office (DSHS) 1-800-345-9964 or 360-664-6900 243

Israel Rd SE 5th Floor Tumwater, WA 98501 Have your case number if you know it and any paperwork received from DSHS that you need to discuss.



3. **Community Action Council 360-426-9726** 807 W. Railroad Ave, Shelton WA 98584 <https://www.caclmt.org/> Housing and Essential Needs program (H.E.N.), rapid re-entry (housing), limited utility assistance, rental/mortgage assistance-limited funds, assistance restricted to help households avoid homelessness or a foreclosure, LIHEAP (weatherizing service), Winter Help Fund, Project Share, canal comfort Fund.
4. **Down Payment Assistance 360-877-6748** 561 N Tribal Center Road, Skokomish. Provides assistance to tribal members who have been approved for a home loan with down payment assistance. This is a once in a lifetime grant.
5. **Faith in Action West Sound 360-275-0535** 111 NE Old Belfair Hwy, Belfair WA 98528 offers support to clients who are aging or disabled adults, with limited cash grants and financial assistance to help low to moderate income families with emergency financial aid for fulfilling needs such as money for rent, utility bills, heating gas, fuel oil, and water bills on case-by-case basis.
6. **Faith in Action West Sound-360-275-0535** 111 NE Old Belfair Hwy, Belfair WA 98528. Offers senior clients with limited cash grants and financial assistance to help low to moderate income families with emergency financial aid for fulfilling needs such as money for rent, utility bills, heating gas, fuel oil, water bills and food on case-by-case basis.
7. **Food Stamps, DSHS – CSO 1-877-501-2233** <https://www.washingtonconnection.org/home/> Apply for food stamps, cash assistance, child care, long term care, and Medicare Savings Programs.
8. **Skokomish General Assistance (G.A.) 360-426-7788** 561 N Tribal Center Road, Skokomish. The Skokomish Tribe’s General Assistance Program promotes self-sufficiency and is meant to provide you with financial assistance while you are between jobs. You must meet eligibility requirements before we can provide you with G.A. benefits. On the Job Training (O.J.T.) and work experience opportunities are available to learn job skills and gain work experience when looking for employment.
9. **Skokomish General Welfare Benefits-Skokomish Tribal Center 360-426-4232**— Provide general welfare assistance to Skokomish Tribal members. To foster the health, safety, basic need, and financial support assistance to individuals under certain circumstances on a non-taxable basis. Up to \$1,000 annually based on individual needs.
10. **Skokomish Homeowners/Rental Program 360-877-6748** 561 N Tribal Center Road, Skokomish. Provides rental assistance to low income families. Or Assistance with ownership Program, exercises Skokomish tribal member preference. Applicants can



expect to find out within 10 business days of completing an application if they qualify and will be placed on a waiting list. This program is for the HUD units on the reservation. A background check on all family members 18+ is required.

11. **Mason Veterans Family Assistance Program (Case Management) 360-426-4546** 210 West Franklin St., Shelton WA 98584 <http://www.co.mason.wa.us/ac/veterans/index.php> Provides funding (not to exceed \$1,200/year for indigent veterans and their families or families of deceased veterans), funds granted for utilities, necessity items, state ID card, provides case management. To apply, veteran must be honorably discharged. Telephone a Veterans' Service Officer to schedule an eligibility appointment and find out what documents to bring to the appointment. There are two Veterans' Service Offices:
In **Belfair** - North Mason County Resource, 140 NE State Route 300. Phone:**360-552-2303** Business hours are Monday – Thursday, 9:00 a.m. to 4:00 p.m.; or by appointment.
In **Shelton** - Memorial Hall, 210 West Franklin Street. Phone:**360-426-4546**

12. **North Mason Resources 360-552-2303** 140 NE State Route 300, Belfair WA 98528 <https://nmresources.org/> Provides services and referrals to help with self-sufficiency, homeless support including clothing, pet food, hygiene, camping supplies, emergency shelter, rental assistance, Worksource Washington Connection Site to assist clients with job search and interview prep, Veteran/Disabled American Veteran Assistance Services (filing VA claims, accessing veteran assistance fund, housing, supplies, transportation), LifeLine (discounted phone services), Northwest Children's Outreach (NCO) drop off and distribution site (children/youth clothing and supplies), adult/young adult work experience program (assists 18-24 with gaining work experience/job skills).

13. **Skokomish Rental Assistance 360-877-6748** 561 N tribal Center Road, Skokomish. Assists low income families who need to rent a privately owned unit, but may not be owned by a relative. This will be a once in a lifetime grant which may provide first month, last month, and the damage deposit if required, up to a \$2000 limit.

14. **Saint Vincent DePaul Society-360-352-7554** 1208 11th Ave SE, Olympia WA 98501. <https://www.svdpusa.org/> Provides financial assistance to low income people to help pay rent of up to approx. \$75 for as long as funds are available, must have eviction notice.

15. **Skokomish Student Incentive Program 360-877-2460** 151 N Reservation Road, Skokomish. Program includes tribal and community member students. Students k-5 receive financial incentive based on their school attendance (no more than 3 excused absences). Students 6-12 are awarded incentive based on GPA (2.0 or higher).



16. **Social Security Information Line (SSI/ Medicare) 1-800-772-1213** To apply online for Social Security Income: <https://www.ssa.gov/benefits/ssi/> To apply online for Medicare: <https://www.ssa.gov/benefits/medicare/> Local SSI office 1-800-325-0778, 402 Yauger Way SW, Olympia WA 98502

17. **Student Housing Assistance 360-877-6748** 561 N Tribal Center Road. Skokomish. This program assists college students with move-in funds for a private rental housing unit. The grant assists with first, last and deposit up to a maximum of \$2000. For college students, the grant is available up to four times once per year. Income must fall within but not exceed 80% of the National Median Income guidelines as established by the Department of Housing and Urban Development as defined by NAHASDA 24 CFR 1000.00.

18. **The Seasonal Child Care (SCC) 1-844-626-8687**
<https://www.washingtonconnection.org/home/> Program pays for child care subsidies to eligible families who have seasonal agricultural employment, live in designated counties, and are not receiving TANF benefits. Apply by calling the Child Care Subsidy Contact Center, apply online through Washington Connections or call local Community Services Office.

19. **Skokomish Tribal Scholarship Program 360-877-2460** 151 N Reservation Road, Skokomish. Skokomish Education Department offers an opportunity for Skokomish tribal members to receive financial assistance to pursue a degree in higher education. There are various award amounts based upon academic degree level that the student will be pursuing.

20. **Skokomish Tribes Assisting Needy Families (TANF) 360-877-2200** 93 N Reservation Road, Skokomish. 1. Provide assistance to needy families so that children can be cared for in their own homes. 2. Reduce the dependency of needy parents by promoting job preparation, work and marriage. 3. Prevent and reduce the incidence of out-of-wedlock pregnancies. 4. Encourage the formation and maintenance of two-parent families. Children (their families) receive monthly stipend for food.

21. **Working Connections Child Care (WCCC) 1-844-626-8687**
<https://www.dcyf.wa.gov/services/earlylearning-childcare/getting-help/wccc> Program pays for child care subsidies to eligible households with parents who are working or are participating in a DCYF approved work activity at the time of application (employment, self-employment, and certain types of school, activities associated with TANF, tribal TANF, or food assistance programs), may have to pay small co-pay for child care (\$15-\$65).



22. **WorkSource-(Job Search/Training, Unemployment Comp) 360-427-2174 2505**
Olympic Hwy N #420, Shelton WA 98584 <https://www.worksourcewa.com/> Provides job search and preparation, training and other programs, apprenticeship information, career advice, classified ads, veterans and military spouses info, employment/training info for persons with disabilities, farmworkers and dislocated workers info. Unemployment benefits and Washington Health Plan finder assistance.

Food Assistance:

1. **Community Food Bank: 971-813-4027** 71 NE Old Belfair Highway, Belfair WA 98528
Open: Mondays, Tuesdays, and Fridays, 12:00-5:00 pm *curbside deliveries and operating until the food is gone.
2. **Community Lifeline Dinner 360-462-4439** 218 N 3rd St, Shelton WA 98584
<https://cllshelton.org/>. Community Meals available M-F: 5-6 pm & S-S: 5:30-6:30 pm. Showers/hygiene items distribution M, T, Th: 10am-2pm. Homeless advocate/case management M, T,Th from 10am-2pm & W by appointment, Shelter available nightly from 8pm-8am. Meals, showers, shelter, advocacy, case management, needs assessment, referrals.
3. **Community Services Office (DSHS) 1-877-501-2233** 2505 Olympic Hwy N Ste. 440, Shelton, WA 98584 <https://www.dshs.wa.gov/location/dshs-cso-023> To apply for services, have proof of WA state residency, information on income. Call or apply online to get services; Food, cash/financial, housing/utilities, youth services, health care, long term care, veterans, mental health, treatment centers, education, employment, children/families, crime/domestic violence, legal assistance, transportation.
4. **Elder's Lunch Program-360-426-4232** 80 N Tribal center Road, Skokomish. Provides congregate, "community" lunches and delivered lunches (to homebound elders) to qualified Skokomish elders and their spouses.
5. **Food Stamps, DSHS – CSO 1-877-501-2233**
<https://www.washingtonconnection.org/home/> Apply for food stamps, cash assistance, child care, long term care, and Medicare Savings Programs.
6. **Help Me Grow Washington Family Health Hotline 1-800-322-2588** M-F 8-5.
<https://www.parenthelp123.org/family-health-hotline> You can call and ask for resources or you can call and ask to be screened over the phone for services including WIC, food stamps, health insurance, birth control (through Take Charge Program), health and family planning clinics, developmental screenings, pregnancy and baby supplies, breastfeeding support, food banks and more.



7. **Hood Canal Food Bank 360-877-6507** 331 N Finch Creek Rd, Hoodspport WA 98548
<https://hoodcanalfoodbank.org/> Open: 1st and 3rd Mondays, 12:15-2:45 pm *serving Brockdale, Hoodspport, Lilliwaup, Union, Alderbrook, and the Tribal Reservation.
8. **Matlock Community Church & Food Bank: 360-426-3091** 218 Matlock-Brady Rd, Elma WA 98541 Open: Wednesday 12:00-2:00 pm.
9. **McCleary Food Bank (in Beerbower Park): 360-495-3667** 100 3rd St, McCleary WA 98557 Open: 2nd and 4th Mondays, 9:00-11:00 am
10. **Meals on Wheels Delivery in Mason County: Contact Stephanie Penland @ 360-586-6181 ext. 124** NutritionCoordination@SouthSoundSeniors.org,
<https://southsoundseniors.org/programs/senior-nutrition/> meal delivery from 7am-3pm.
11. **North Mason Food Bank: 360-275-4615** 22471 E State Route 3, Belfair WA 98528
Open: Tuesday, 10:00 am-1:45 pm, Wednesday, 1:00-4:45 pm, Thursday, 2:00-3:45pm
*Must be resident of North Mason County.
12. **Saint's Pantry: 360-427-8847** 214 South 2nd St, Shelton WA 98584
<http://www.thesaintspantry.org/> Open: Tuesday and Wednesday, 9:30-11:45 am *giving out pre-made bags of food
13. **Senior Activities Association 360-426-7374** 190 W Sentry Dr, Shelton WA 98584
<https://www.mcsac.net/> Senior (50+ years) activities center including meals, fitness/health, community services (foot care, eye glass care, incontinence supplies, AAA presentations, personal safety classes, tax assistance financial planning etc.), group activities, personal enrichment.
14. **Shelton Family Center—360-462-0125** 123 S. 2nd St., Shelton, WA 98584
<https://sheltonfamilycenter.org/> Afterschool programming, daily lunch, hygiene closet, clothing closet, case management, computers with wifi access, survival gear, life skills classes, transitional and emergency shelter for youth 12-24 years, drop in center for homeless youth.
15. **Shelton Family Center—360-462-0125** 123 S. 2nd St., Shelton, WA 98584
<https://sheltonfamilycenter.org/> Afterschool programming, daily lunch, hygiene closet, clothing closet, case management, computers with wifi access, survival gear, life skills classes, transitional and emergency shelter for youth 12-24 years, drop in center for homeless youth.



16. **Shelton United Methodist Church 360-426-4174** 1900 King St, Shelton WA 98584
<https://sheltonunitedmethodist.weebly.com/> Provides groceries and food assistance to Shelton and mason county residents in times of need.
17. **Skokomish Tuwaduq Family Services 360-426-7788** 561 N. Tribal Center Rd. Skokomish, WA 98584. Domestic violence services, vocational rehabilitation, garden program, healthy families program, general assistance.
18. **Women, Infants, Children (WIC) Nutrition Program (Community Action Council) 360-426-9726** 807 W Railroad Ave, Shelton WA 98584 Serves low income, nutritionally at-risk pregnant women, postpartum mothers and children up to their fifth birthday. Will be determined to be “nutritional risk” by WIC certifier.

Housing & Rental Assistance:

1. **Community Action Council 360-426-9726** 807 W. Railroad Ave, Shelton WA 98584
<https://www.caclmt.org/> Housing and Essential Needs program (H.E.N.), rapid re-entry (housing), limited utility assistance, rental/mortgage assistance-limited funds, assistance restricted to help households avoid homelessness or a foreclosure, LIHEAP (weatherizing service), Winter Help Fund, Project Share, canal comfort Fund.
2. **Community Services Office (DSHS) 1-877-501-2233** 2505 Olympic Hwy N Ste. 440, Shelton, WA 98584 <https://www.dshs.wa.gov/location/dshs-cso-023> To apply for services, have proof of WA state residency, information on income. Call or apply online to get services; Food, cash/financial, housing/utilities, youth services, health care, long term care, veterans, mental health, treatment centers, education, employment, children/families, crime/domestic violence, legal assistance, transportation.
3. **Crossroads Housing 360-427-6919** 71 Sargison Loop Rd, Shelton, WA 98584
<http://www.crossroads-housing.net/> Rental assistance, low income apartments, short 90 day family shelter with long wait lists, case management, transitional housing.
4. **Skokomish Down Payment Assistance 360-877-6748** 561 N Tribal Center Road, Skokomish. Provides assistance to tribal members who have been approved for a home loan with down payment assistance. This is a once in a lifetime grant.
5. **Faith in Action West Sound 360-275-0535** 111 NE Old Belfair Hwy, Belfair WA 98528 offers support to clients who are aging or disabled adults, with limited cash grants and financial assistance to help low to moderate income families with emergency financial aid for fulfilling needs such as money for rent, utility bills, heating gas, fuel oil, and water bills on case-by-case basis.



6. **Skokomish General Welfare Benefits-Skokomish Tribal Center 360-426-4232**— Provide general welfare assistance to Skokomish Tribal members. To foster the health, safety, basic need, and financial support assistance to individuals under certain circumstances on a non-taxable basis. Up to \$1,000 annually based on individual needs.
7. **Skokomish Homeowners/Rental Program 360-877-6748** 561 N Tribal Center Road, Skokomish. Provides rental assistance to low income families. Or Assistance with ownership Program, exercises Skokomish tribal member preference. Applicants can expect to find out within 10 business days of completing an application if they qualify and will be placed on a waiting list. This program is for the HUD units on the reservation. A background check on all family members 18+ is required.
8. **Skokomish Housing Emergency Repair Program 360-877-6748** 561 N Tribal Center road, Skokomish. Provides emergency repairs on privately owned tribal housing. Examples of emergencies are but not limited to: septic system seeping onto ground, plumbing leaks, roof damage, electrical wiring shorts, handicap accessibility etc.
9. **Housing Options for Students in transition (HOST) 360-426-7664 ext.17012** 807 W. Pine St, Shelton WA 98584 <https://www.mason-co-host.org/> Community based housing match program that offers support to youth 16-21 in pursuing educational goals while providing transitional housing opportunities. Includes assistance locating a home, mentoring, stipend support, independent living skills, financial management training, life planning, support and advocacy.
10. **Indian Health Service Sanitation 360-877-6748** 561 N Tribal Center Road, Skokomish.—Indian Health Service provides septic and water systems for new homes and replacement of failed systems. Applications are available at above address.
11. **Skokomish Minor Elder Home Repair 360-877-6748** 561 N Tribal Center Road, Skokomish. This program repairs minor issues with privately owned homes. This is not a rehabilitation program. The maximum grant for this program is \$10,000 but only for funds needed to repair the problem will be used. Work items, covers, water leaks, electrical, plumbing, septic, roofing, etc. Services are limited to Mason County.
12. **North Mason Resources 360-552-2303** 140 NE State Route 300, Belfair WA 98528 <https://nmresources.org/> Provides services and referrals to help with self-sufficiency, homeless support including clothing, pet food, hygiene, camping supplies, emergency shelter, rental assistance, Worksource Washington Connection Site to assist clients with job search and interview prep, Veteran/Disabled American Veteran Assistance Services (filing VA claims, accessing veteran assistance fund, housing, supplies, transportation), LifeLine (discounted phone services), Northwest Children’s Outreach (NCO) drop off



and distribution site (children/youth clothing and supplies), adult/young adult work experience program (assists 18-24 with gaining work experience/job skills).

13. **Skokomish Rental Assistance 360-877-6748** 561 N tribal Center Road, Skokomish. Assists low income families who need to rent a privately owned unit, but may not be owned by a relative. This will be a once in a lifetime grant which may provide first month, last month, and the damage deposit if required, up to a \$2,000 limit.
14. **Saint Vincent DePaul Society-360-352-7554** 1208 11th Ave SE, Olympia WA 98501. <https://www.svdpusa.org/> Provides financial assistance to low income people to help pay rent of up to approx. \$75 for as long as funds are available, must have eviction notice.
15. **Skokomish Supportive Housing, Tiny Home Program 360-426-5755** 100 N Tribal Center Road, Skokomish Nation WA 98584. If the person is an enrolled Skokomish Member, homeless or will become homeless and is eligible to receive services through the Skokomish Behavioral Health program, please contact the Tiny Homes Case Manager, Eric Hasselblad, at the Skokomish Health Clinic to complete the screening/intake process.
16. **Student Housing Assistance 360-877-6748** 561 N Tribal Center Road. Skokomish. This program assists college students with move-in funds for a private rental housing unit. The grant assists with first, last and deposit up to a maximum of \$2000. For college students, the grant is available up to four times once per year. Income must fall within but not exceed 80% of the National Median Income guidelines as established by the Department of Housing and Urban Development as defined by NAHASDA 24 CFR 1000.00.
17. **Tenant Rights Hotline 206-723-0500** <https://www.atg.wa.gov/tenant-rights> Tenant Counseling and Education

Laundry Facilities:

1. **Belfair Laundry 360-277-0500** 24173 WA-3, Belfair WA 98528
2. **Love Inc. of Mason County 360-462-LOVE (5683)** 221 West Railroad, Suite 10, Shelton, WA 98584 <https://www.loveincofmasoncounty.org/> Gap Ministries provides: furniture, clothing, medical equipment, household goods, blankets, laundry cards, firewood, sleeping bags and some direct assistance.
3. **McCleary Laundromat** 219 W Simpson Ave, McCleary WA 98557



4. **Olympic Laundromat 360-426-9864** 2505 Olympic Hwy N #180 in Olympics Gateway Center
5. **Shelton Laundry 360-426-4812** 115 W Franklin St, Shelton WA 98584

Legal Assistance:

1. **CLEAR Hotline –NW Justice Project (Coordinated. Legal Ed Advice/Referral) 1-888-201-1014** <https://nwjustice.org/clear-hotline> Toll free legal hotline for people with low incomes. Can get verbal or written advice that may help you solve problem on your own, may send you written legal information/forms to help solve the problem on your own, may help resolve issue through negotiation or refer you to another legal aid service.
2. **Dispute Resolution Center (mediation services) 360-956-1155** 2604 12th Ct SW Ste A-1, Olympia WA 98502 <https://www.mediatethurston.org/> Provides conflict resolution services and training to community members in those skills. Also offers schools and youth services providers, trainings in conflict resolution.
3. **Sex Offender Registration Notification Act through Skokomish Tribal Police 360-426-4740** Provides information on all registered sex offenders living within the exterior boundaries of the reservation. Information and community outreach is available as well as additional information through Offender Watch.
4. **Shelton United Methodist Church 360-426-4174** 1900 King St., Shelton WA 98584 <http://oursumc.wixsite.com/sheltonumc> Clothing closet for adults, children, and infants. Free Legal services.
5. **Skokomish Prosecutor Walt Perry-360-426-4740**, 80 N. Tribal Center Road, Skokomish. Files criminal matters in Tribal court, acts as the tribe's representative in dependency and guardianship cases. Also provides assistance to the education department in truancy cases.
6. **Skokomish Public Defender Mary Rodriguez 206-257-2204** @ Center of indigenous Research & Justice-Provides legal representation for indigent defendants charged with criminal offenses.
7. **Skokomish Public Safety Department/Policing: 360-426-4740** Provides all manner of police services related to the reporting and investigation of complaints filed by community members. In addition, the department has a very active community policing program which provides less traditional police services in line with community caretaking.



8. **Skokomish Tribal Court 360-426-4740**, 80 N. Tribal Center Road, Skokomish. Handles criminal and civil matters. Cases include criminal, dependency and guardianship matters, truancy, civil cases, and other matters as authorized by the Skokomish Tribal Code.
9. **Thurston County Family Justice Center (Family Support Center) 360-754-9297** 3545 7th Ave SW, Suite 200 Olympia WA 98502 <http://fscss.org/> serves survivors of domestic violence, sexual assault, stalking and human trafficking. Advocacy for survivors and connection to resources. Camp HOPE for children who are impacted by domestic violence. Homeless family services, parent and child education classes.
10. **Turning Pointe 360-426-1216 or the crisis line @ 360-432-1212** 210 Pacific Ct, Shelton WA 98584 <https://www.turningpointe.org/> Domestic violence shelter (pet friendly), case management, legal and medical advocacy, referrals and support groups, community DV/SA training.
11. **Victim/Witness Assistance Mason County WA 360-427-9670 x417**
https://www.co.mason.wa.us/prosecutor/crime_victim.php
12. **Vital Records – Mason County Public Health 360-427-9670 x400** 415 N. 6th St, Shelton WA 98584 <https://www.co.mason.wa.us/health/vital-records.php> To obtain certified birth and death certificates.
13. **Wills, Powers of Attorney, Medical Directives-Skokomish Legal Division 360-877-2100** 80 N Tribal Center Road, Skokomish WA 98584. The Skokomish Indian Tribe contracted with outside legal counsel to draft wills, powers of attorney, and medical directives for enrolled Skokomish Tribal Members and their spouses. If you would like to receive these legal services, at no cost to you, please contact our office to arrange an appointment.

Physical Health Services:

1. **Assured Home Health and Hospice 360-236-9204** 2102 Carriage St SW Ste. D, Olympia WA 98502 Home health services including alzheimer's/dementia care, pain/medication management, skilled nursing, hospice etc. Generally paid for by Medicare/Medicaid for those who are eligible.
2. **Care Net Pregnancy Center of Mason County (pregnancy counseling/testing, baby supplies) 360-427-9171** 2233 Jefferson St., Shelton, WA 98584 <http://sheltoncarenet.org/> Pregnancy testing, family resources, STD testing/ultrasounds, education and support. Appointments scheduled after hours can be done online at <https://optionline.org/>



3. **Community Services Office (DSHS) 1-877-501-2233** 2505 Olympic Hwy N Ste. 440, Shelton, WA 98584 <https://www.dshs.wa.gov/location/dshs-cso-023> To apply for services, have proof of WA state residency, information on income. Call or apply online to get services; Food, cash/financial, housing/utilities, youth services, health care, long term care, veterans, mental health, treatment centers, education, employment, children/families, crime/domestic violence, legal assistance, transportation.
4. **Health Care Center 360-426-9717** 107 N. 8th Street, Shelton WA 98584 Sunday-Friday 8-6/Saturday 10-2. <https://www.healthcarecentershelton.com/> Affordable urgent care walk-in accepted, no Medicare, no Medicaid \$50 appointments. Physical exam, headaches, colds/flu, cough, asthma, burns, stomach/back pains, sprains, ear infections, injuries, dental abscesses etc.
5. **Hearing, Speech & Deaf Center (HSDC), Video Phone: 253-292-2209 Voice: 253-475-0782** Toll Free: 866-421-5560 TTY: 253-474-1748 Toll Free: 866-698-1748 621 Tacoma Ave Suite 505 Tacoma, WA 98402 Email: tacoma@hsdc.org <https://www.hsdc.org/> Hearing aids, deaf & hard of hearing services, interpreting services, parent-infant program, Rosen Family Preschool, speech and language assistance.
6. **Help Me Grow Washington Family Health Hotline 1-800-322-2588** M-F 8-5. <https://www.parenthelp123.org/family-health-hotline> You can call and ask for resources or you can call and ask to be screened over the phone for services including WIC, food stamps, health insurance, birth control (through Take Charge Program), health and family planning clinics, developmental screenings, pregnancy and baby supplies, breastfeeding support, food banks and more.
7. **Mason General Hospital 360-426-1611** 901 Mountain View Dr., Shelton WA 98584, <https://www.masongeneral.com/> 24 hour emergency room, birth center, cancer navigation, diagnostic imaging, laboratory and pharmacy services, rehabilitation, respiratory care, surgery, wound care, telehealth.
8. **National AIDS Hotline 1-800-232-4636 or 800-243-7889** (TTY) <https://www.hiv.gov/>
9. **Planned Parenthood 1-800-769-0045 or 360-426-2933** Open on Tuesday from 9:00 am – 5 pm and Thursday from 10:00-6 pm. 2505 Olympic Hwy N, #400 Shelton, WA 98584 <https://www.plannedparenthood.org/health-center/washington/shelton/98584/shelton-health-center-2462-91810> Schedule appointments online or call. Birth control, HIV testing, men's health care, morning after pill, abortion services, STD testing-treatment-vaccines, pregnancy testing, counseling.



10. **Providence Sexual Assault Clinic- 360-493-7469** 420 Golf Club Road, Suite 203 Lacey, WA 98503 <https://washington.providence.org/locations-directory/s/sexual-assault-clinic> - Physicians, nurse practitioners, and nurses provide special medical evaluations for children, adolescents and adults. Social workers provide crisis counseling for the victims and families of sexual assault, physical abuse or chronic neglect. → Sexual assault nurse examiners (SANE) are on call to the Providence St. Peter Hospital Emergency Center (360-491-9480) 24 hours a day to provide comfort and care, and to collect forensic evidence for sexual abuse investigations. Our clinic physicians and advanced practice nurses often serve as expert witnesses when these cases go to criminal trials.
11. **Providence Sound Home Care & Hospice 360-459-8311 or 1-800-869-7062** 4200 6th Ave SE, Suite 201 Lacey, WA 98503 <https://washington.providence.org/locations-directory/s/soundhomecare-and-hospice#laid=6473> Cardiac hospice, home health, home infusion services, hospice, rehabilitation, grief support for all ages. Accepts Medicare, Medicaid and most insurance plans.
12. **SHIBA (Statewide Health Insurance Benefit Advisers) 1-800-562-6900** provides free, unbiased, and confidential assistance with Medicare and health care choices. Assess health care coverage needs, determine general eligibility for health care coverage programs, evaluate and compare insurance plans, provide enrollment help with Medicare, speak with 1-800 Medicare on your behalf, make referrals to other agencies and programs, collect and report possible fraud complaints.
13. **Skokomish Community Health Representative Program 360-426-5755** 100 N Tribal Center Road Skokomish. Program provides educational opportunities related to diet, nutrition, and healthy lifestyle choices. If no other transportation available, will provide transport to medical appointments. SAIL class, fitness/strength/balance class at community center 3x per week.
14. **Skokomish Denture Program 360-426-5755** 100 N Tribal Center Road, Skokomish. -- Provides one pair of dentures per qualified individual including fitting, adjustments, and repairs. Eligible individuals must complete a dental exam and receive a referral through our dental clinic.
15. **Skokomish Eyeglass Program 360-426-5755** 100 N Tribal Center Road, Skokomish. – Provides an allowance of \$300 toward contact lenses or one pair of glasses every 2 years (eg. You can use \$150 in one year and again in the 2nd year for a total of \$300 over 2 year period).
16. **Skokomish Health Clinic 360-426-5755** 100 N Tribal center Road, Skokomish. – Provides direct medical, dental and behavioral health services to eligible individuals.



17. **Skokomish Hearing Aid Program-360-426-5755** 100 N Tribal center Road, Skokomish. Following an exam and evaluation, hearing aid(s) may be provided to eligible individuals. Most repairs are covered by warranty. Audiology exams can be scheduled if you contact the Health Clinic because a provider referral is required.
18. **South Sound Parent to Parent (Supporting Parents of Individuals with special needs) 360-352-1126** 310 W Birch St, Shelton WA 98584 <https://www.ssp2p.org/> Family resource coordination, speech therapy, occupational therapy, physical therapy, teacher/home visitor/virtual visits. Do not need a physician's referral for services, may self-refer on the online portal.
19. **WA Poison Center (24 hrs) V/TDD 1-800-222-1222** <https://www.wapc.org/> Provides immediate, free, and expert treatment advice and assistance on the phone in case of exposure to poisonous, hazardous, or toxic substances. All calls are confidential.
20. **WA State Dept. of Services for the blind 1-800-552-7103** info@dsb.wa.gov <https://dsb.wa.gov/resources/request-services> One-stop service for people of all ages who are blind or have low vision. Employment services, youth services including education, Independent living services and business support.
21. **WA state office for Deaf & Hard of Hearing Services, 800-422-7930 voice or TTY 902-8000** <https://www.dshs.wa.gov/altsa/office-deaf-and-hard-hearing> Communication access, technology, community outreach, interpreters and resources, community members training.
22. **Within Reach Family Health Hotline 1-800-322-2588** <https://withinreachwa.org/> <http://parenthelp123.org/> Provides resources and linkage to families in all areas including early childhood development screening, health insurance application assistance, locating food banks, parenting classes and low cost medical clinics.

Shelters:

1. **Community Lifeline Dinner 360-462-4439** 218 N 3rd St, Shelton WA 98584 <https://cllshelton.org/>. Community Meals available M-F: 5-6 pm & S-S: 5:30-6:30 pm. Showers/hygiene items distribution M, T, Th: 10am-2pm. Homeless advocate/case management M, T,Th from 10am-2pm & W by appointment, Shelter available nightly from 8pm-8am. Meals, showers, shelter, advocacy, case management, needs assessment, referrals.
2. **Crossroads Housing 360-427-6919** 71 Sargison Loop Rd, Shelton, WA 98584 <http://www.crossroads-housing.net/> Rental assistance, low income apartments, short 90 day family shelter with long wait lists, case management, transitional housing.



3. **Emergency Shelter Network 360-528-8999**
4. **Haven House 360-754-1151 or 888-698-1825** [https://communityyouthservices.org/Shelter/Crisis center for teens 12-17](https://communityyouthservices.org/Shelter/Crisis%20center%20for%20teens%2012-17) located in Olympia, call for info. Provides case management and referrals.
5. **Interfaith Works 844-628-7343** 701 Franklin St SE, Olympia, WA 98501 (Entrance is under the stairs.) <https://www.iwshelter.org/contact.html> Overnight Shelter
6. **Shelton Family Center—360-462-0125** 123 S. 2nd St., Shelton, WA 98584 <https://sheltonfamilycenter.org/> Afterschool programming, daily lunch, hygiene closet, clothing closet, case management, computers with wifi access, survival gear, life skills classes, transitional and emergency shelter for youth 12-24 years, drop in center for homeless youth.
7. **Turning Pointe 360-426-1216 or the crisis line @ 360-432-1212** 210 Pacific Ct, Shelton WA 98584 <https://www.turningpointe.org/> Domestic violence shelter (pet friendly), case management, legal and medical advocacy, referrals and support groups, community DV/SA training.

Transportation:

1. **Car seats available at Skokomish Tribal Police 360-426-4740** 861 N Reservation Road, Skokomish, WA. Oversees C.P.S. (child passenger seat program). Assists with the acquisition of a C.P.S., the installation of the C.P.S. in the vehicle and the fitting of the child to the C.P.S. An assortment of informational materials are available. Assistance is also available for any issues involving seat belts. For more information or aid, please call.
2. **Community Services Office (DSHS) 1-877-501-2233** 2505 Olympic Hwy N Ste. 440, Shelton, WA 98584 <https://www.dshs.wa.gov/location/dshs-cso-023> To apply for services, have proof of WA state residency, information on income. Call or apply online to get services; Food, cash/financial, housing/utilities, youth services, health care, long term care, veterans, mental health, treatment centers, education, employment, children/families, crime/domestic violence, legal assistance, transportation.
3. **Mason Transit Authority 1-800-374-3747 or 360-427-5033** Transit Community Center 601 W Franklin St., Shelton WA 98584 <http://www.masontransit.org/> Public and free transportation in Mason county, Dial-a-ride and link service, vanpool, worker/driver (PSNS), volunteer driver, community van program, van grant program. Community center is also an event space that can be rented.



4. **Mason Transit Authority 1-800-374-3747 or 360-427-5033** Transit Community Center 601 W Franklin St., Shelton WA 98584 <http://www.masontransit.org/> Public and free transportation in Mason county, Dial-a-ride and link service, vanpool, worker/driver (PSNS), volunteer driver, community van program, van grant program. Community center is also an event space that can be rented.
5. **Paratransit Services (non-emergency medical transportation) 1-800-846-5438** <http://www.wanemt.com/> Must have a Provider One card which pays for visits. Must also have no other way to get to medical appointments. Call office or schedule online at least 2 business days before medical appointment. Call at least 2 weeks in advance to order bus passes or ferry tickets. May include bus passes or tickets, gas vouchers, volunteer drivers, shared ride and “cabulance”.
6. **Senior Case Management (Area Agency on Aging) Call toll free 1-888-545-0910** 2008 Olympic Hwy N Shelton, WA 98584 M-F 1 pm - 5 pm. Services include kinship care program, in home personal care, long term care facilities, long term care advocacy, meal delivery/nutrition support, Medicaid/Medicare assistance, transportation help, falls prevention and other resources.
7. **Skokomish Community Health Representative Program 360-426-5755** 100 N Tribal Center Road Skokomish. Program provides educational opportunities related to diet, nutrition, and healthy lifestyle choices. If no other transportation available, will provide transport to medical appointments. SAIL class, fitness/strength/balance class at community center 3x per week.

Utility Assistance:

1. **Community Action Council 360-426-9726** 807 W. Railroad Ave, Shelton WA 98584 <https://www.caclmt.org/> Housing and Essential Needs program (H.E.N.), rapid re-entry (housing), limited utility assistance, rental/mortgage assistance-limited funds, assistance restricted to help households avoid homelessness or a foreclosure, LIHEAP (weatherizing service), Winter Help Fund, Project Share, canal comfort Fund.
2. **Community Services Office (DSHS) 1-877-501-2233** 2505 Olympic Hwy N Ste. 440, Shelton, WA 98584 <https://www.dshs.wa.gov/location/dshs-cso-023> To apply for services, have proof of WA state residency, information on income. Call or apply online to get services; Food, cash/financial, housing/utilities, youth services, health care, long term care, veterans, mental health, treatment centers, education, employment, children/families, crime/domestic violence, legal assistance, transportation.



3. **Faith in Action West Sound 360-275-0535** 111 NE Old Belfair Hwy, Belfair WA 98528 offers support to clients who are aging or disabled adults, with limited cash grants and financial assistance to help low to moderate income families with emergency financial aid for fulfilling needs such as money for rent, utility bills, heating gas, fuel oil, and water bills on case-by-case basis.
4. **SPIPA (South Puget Indian Planning Agency) 360-426-3990** 3104 SE Old Olympic Highway, Shelton WA 98584. Provides LIHEAP (Low income home energy assistance program) which requires 12 months of electricity bills to prove service need. Low Income Home Weatherization Program-does not have to own home. Foster Home Licensing services which recruits and trains foster parents/homes.

Victim Services:

1. **Adult Protective Services, DSHS (report abuse of vulnerable adults and elders) 360-664-9061 or 1-877-734-6277** <https://www.dshs.wa.gov/altsa/adult-protective-services-aps> APS will investigate reports about abuse, abandonment, neglect, exploitation, and self-neglect of adults. Will collaborate with other agencies to offer protective services as needed.
2. **Child Protective Services Department of Children Youth & Families 1-866-363-4276 24/7** <https://www.dcyf.wa.gov/safety/report-abuse> Questions you will be asked when you call to make a report of child abuse (not all info is required but the more that is available, the better the child can be helped) 1: Name/address/age of child 2: Name/address of child's parent, guardian or other person having custody of child 3: The nature/extent of abuse or neglect 4: Any evidence of previous incidences 5: Any other information which may be helpful in establishing the cause of the child's abuse or neglect and the identity of the perpetrator.
3. **CLEAR Hotline –NW Justice Project (Coordinated. Legal Ed Advice/Referral) 1-888-201-1014** <https://nwjustice.org/clear-hotline> Toll free legal hotline for people with low incomes. Can get verbal or written advice that may help you solve problem on your own, may send you written legal information/forms to help solve the problem on your own, may help resolve issue through negotiation or refer you to another legal aid service.



4. **Crisis Clinic of Mason County Business line: 360-586-2888, Crisis line: 360-586-2800**
<http://www.crisis-clinic.org/> 24 hour crisis intervention, referrals and information.
5. **Providence Sexual Assault Clinic- 360-493-7469** 420 Golf Club Road, Suite 203 Lacey, WA 98503 <https://washington.providence.org/locations-directory/s/sexual-assault-clinic> -
- Physicians, nurse practitioners, and nurses provide special medical evaluations for children, adolescents and adults. Social workers provide crisis counseling for the victims and families of sexual assault, physical abuse or chronic neglect. → Sexual assault nurse examiners (SANE) are on call to the Providence St. Peter Hospital Emergency Center (360-491-9480) 24 hours a day to provide comfort and care, and to collect forensic evidence for sexual abuse investigations. Our clinic physicians and advanced practice nurses often serve as expert witnesses when these cases go to criminal trials.
6. **SafePlace Domestic Violence & Sexual Assault Hotline 360-754-6300** 521 Legion Way SE Olympia WA 98501 <https://www.safeplaceolympia.org/> 24 hour hotline and provides free and confidential services to people who have experienced all forms of domestic and sexual violence and abuse.
7. **Sex Offender Registration Notification Act through Skokomish Tribal Police 360-426-4740** Provides information on all registered sex offenders living within the exterior boundaries of the reservation. Information and community outreach is available as well as additional information through Offender Watch.
8. **Skokomish Prosecutor Walt Perry-360-426-4740**, 80 N. Tribal Center Road, Skokomish. Files criminal matters in Tribal court, acts as the tribe's representative in dependency and guardianship cases. Also provides assistance to the education department in truancy cases.
9. **Skokomish Public Defender Mary Rodriguez 206-257-2204** @Center of indigenous Research & Justice-Provides legal representation for indigent defendants charged with criminal offenses.
10. **Skokomish Public Safety Department/Policing: 360-426-4740** Provides all manner of police services related to the reporting and investigation of complaints filed by community members. In addition, the department has a very active community policing program which provides less traditional police services in line with community caretaking.
11. **Skokomish Tribal Court 360-426-4740**, 80 N. Tribal Center Road, Skokomish. Handles criminal and civil matters. Cases include criminal, dependency and guardianship matters, truancy, civil cases, and other matters as authorized by the Skokomish Tribal Code.



12. **Skokomish Tribal Victim's Assistance Program 360-426-5755 or Cell 360-545-2044**
100 N Tribal Center Rd., Skokomish WA 98584 Provides support, referrals, short term case management, court accompaniment, resources to all victims of all crimes.
13. **Skokomish Tuwaduq Family Services 360-426-7788 or DV Crisis Line 360-545-2303 (24/7)** 561 N. Tribal Center Rd. Skokomish, WA 98584. Domestic violence services, vocational rehabilitation, garden program, healthy families program, general assistance.
14. **Thurston County Family Justice Center (Family Support Center) 360-754-9297**
3545 7th Ave SW, Suite 200 Olympia WA 98502 <http://fscss.org/> serves survivors of domestic violence, sexual assault, stalking and human trafficking. Advocacy for survivors and connection to resources. Camp HOPE for children who are impacted by domestic violence. Homeless family services, parent and child education classes.
15. **Turning Pointe 360-426-1216 or the crisis line @ 360-432-1212** 210 Pacific Ct, Shelton WA 98584 <https://www.turningpointe.org/> Domestic violence shelter (pet friendly), case management, legal and medical advocacy, referrals and support groups, community DV/SA training.
16. **Victim Support Services 1-888-288-9221** <http://victimsupportservices.org> 24 hour hotline, crisis intervention, information and referral, advocacy, medical advocacy, support group for survivors of homicide, mental health services.
17. **Victim/Witness Assistance Mason County WA 360-427-9670 x417**
https://www.co.mason.wa.us/prosecutor/crime_victim.php
18. **Violent Crime Victim Services 253-383-5254** www.vcvvs.org Provides services for the victim/survivors of homicide. Advocates for families by offering them peer support groups, peer court support, crisis intervention, mental health referrals, and faith community referrals.
19. **Youth Help Line (The Crisis Clinic) (24hrs) 360-586-2777** <http://www.crisis-clinic.org/YouthHelpLine.php> Provides confidential/anonymous phone support about any subject like peer pressure, trouble at home, drug abuse, bullying, depression, relationship issues, etc. Lines staffed by youth volunteers between 4-8 pm but trained adult staff are always standing by.

Youth Services:



1. **Behavioral Health Resources (BHR) Substance and mental health treatment services 360-426-1696** 235 S. 3rd Street, Shelton WA 98584 Children, Youth and Adult Services including individual/group/family therapy, education and skill building, case management or medication management, pregnant and parenting women, resident services, older adult services, school based services.
2. **Big Brothers / Big Sisters of SW, WA 360-943-0409** <https://www.swwabigs.org/> Children Matched w/ Adult Volunteers for 1-to-1 mentoring relationship.
3. **Boys and Girls Club of North Mason County 360-362-5305** 75 E Campus Dr, Belfair WA 98528 <https://www.bgcsp.org/home> Afterschool youth program, activities, mentoring, homework assistance, hot food, healthy lifestyles education.
4. **CHOICE High School (alternative high school for ages 14-21) 360-426-7664** 807 W Pine St, Shelton WA 98584 <https://choice.sheltonschools.org/> alternative learning tracks, counseling, resources.
5. **Community Youth Services (Counseling & Services for At Risk Youth) 360-943-0780** <https://communityyouthservices.org/> 601 West Franklin St, Shelton WA 98584 Juvenile diversion, therapeutic foster care, independent living skills, youth shelter, family preservation, integrated counseling, multi-systemic therapy, transitional age youth support, peer counseling, crisis intervention, caregiver support.
6. **Haven House 360-754-1151 or 888-698-1825** <https://communityyouthservices.org/> Shelter/Crisis center for teens 12-17 located in Olympia, call for info. Provides case management and referrals.
7. **High School 21+ program 360-877-2460** 151 N reservation Road, Skokomish. Adult learning program that allows adults over 21 to earn their high school diploma—this diploma is issued by an accredited community college and is recognized by all learning institutions.
8. **National Runaway Safeline (24 hours) 1-800-786-2929** <https://www.1800runaway.org/> Support line for runaway youth or those thinking about running, resources for parents, resources for community education/prevention.
9. **Skokomish Student Incentive Program 360-877-2460** 151 N Reservation Road, Skokomish. Program includes tribal and community member students. Students k-5 receive financial incentive based on their school attendance (no more than 3 excused absences). Students 6-12 are awarded incentive based on GPA (2.0 or higher).



10. **Skokomish Suicide Prevention Program 360-426-5755 or Cell 360-545-2637** 100 N. Tribal Center Road, Skokomish Nation, WA 98584. Please contact Amber Hanson for info or to join. The Skokomish Suicide Prevention Program is funded by a 5-year federal SAMHSA grant, Native Connections which supports Native youth up to 24 years old. The program focuses on education and awareness of suicide through a weekly suicide talking circle/drum group; suicide prevention trainings for tribal staff and the community; cultural classes; youth conferences; and a media campaign. Through the program the community can be connected within and outside the tribe for mental health and substance abuse services.
11. **Student Tutoring 360-877-2460** 151 N Reservation Rd. Skokomish. This program offers academic support to the Skokomish community. Helps youth to realize and reach their academic potential by providing in-school and after-school tutoring and homework support.
12. **Tribal Scholarship Program 360-877-2460** 151 N Reservation Road, Skokomish. Skokomish Education Department offers an opportunity for Skokomish tribal members to receive financial assistance to pursue a degree in higher education. There are various award amounts based upon academic degree level that the student will be pursuing.
13. **True North Student Assistance & Treatment Services (Shelton) 360-427-2050** 807 W Pine St. Shelton, WA 98584 <https://truenorth113.org/services/> Screening and assessment for youth with mental health or substance use, intervention, referral, education, individual/family counseling, support groups and go-between for school/juvenile justice/behavioral health systems.
14. **Youth Help Line (The Crisis Clinic) (24hrs) 360-586-2777** <http://www.crisis-clinic.org/YouthHelpLine.php> Provides confidential/anonymous phone support about any subject like peer pressure, trouble at home, drug abuse, bullying, depression, relationship issues, etc. Lines staffed by youth volunteers between 4-8 pm but trained adult staff are always standing by.